

Andreas Tilch

# From Primal Fear to Connectedness

Streptococcinum – the Homeopathic Pathfinder



**SIMILIMUM PUBLISHING**



Dr. Andreas Tilch

## **From Primal Fear to Connectedness**

**Streptococcinum –  
the Homeopathic Pathfinder**

## **From Primal Fear to Connectedness – Streptococcinum**

This book is available from:  
Similimum Publishing House, Homeopathic Literature  
Aleksandar Stefanovic, Germany

[www.similimum-publishing.com](http://www.similimum-publishing.com)

© Copyright 2026 Similimum Publishing House,  
Homeopathic Literature, Aleksandar Stefanovic, Germany.  
Translation by Aleksandar Stefanovic

All rights reserved, including partial or photomechanical reproduction,  
as well as transfer to data processing machines or electronic  
reproduction reserved.

Legal notice: The information and recommendations contained in this book have been compiled and checked by the author and publisher to the best of their knowledge. This does not release the user of this book from his obligation, to made the prescriptions and decisions in connection with the information from this book from their own responsibility. Neither the author nor the publisher can be held liable or responsible for improper use or utilisation of the information provided here. The content presented in this book is based on empirical knowledge gained from treating numerous patients and feedback from many users. The contend presented in this book does not replace examination and treatment by a doctor. It is not intended to replace appropriate and necessary medical treatment under any circumstances.

**ISBN 978-3-930256-10-5**

Dr. Andreas Tilch

## **From Primal Fear to Connectedness**

### **Streptococcinum – the Homeopathic Pathfinder**



**SIMILIMUM PUBLISHING**

Homeopathic Literature • Aleksandar Stefanovic



*I dedicate this book to my children Anaïs, Isabelle, Julien and Camie Maëlys.*



## Table of contents

Foreword by Dr. Jayesh Shah, MD (Hom) . . . . .	15
Foreword by Dr. Andreas Tilch . . . . .	22
<b>1 – Introduction . . . . .</b>	<b>27</b>
Curiosity was aroused . . . . .	28
A new experience of life . . . . .	28
Healing of the primal fear . . . . .	29
<b>2 – First experience with Streptococcinum . . . . .</b>	<b>29</b>
Erythema nodosum and sarcoidosis – case history . . . . .	29
The problem behind the disease? . . . . .	30
Problems that everyone knows . . . . .	31
A lot of work – no end in sight! . . . . .	31
The idea of lack of opportunity . . . . .	32
Perplexity – still no suitable remedy . . . . .	34
Treatment with Streptococcinum . . . . .	35
The play of self-healing powers . . . . .	35
Unexpected healing steps – the mind . . . . .	36
Further insights into Streptococcinum . . . . .	37
The innermost essence of Streptococcinum . . . . .	38
Journey to the core themes of Streptococcinum . . . . .	38
Streptococci and the enemy . . . . .	41
What would the streptococcus say? . . . . .	41
<b>3 – YIN and YANG . . . . .</b>	<b>46</b>
<b>4 – Second experience with Streptococcinum . . . . .</b>	<b>55</b>
Fear of attacking disease . . . . .	55
<b>5 – Third case history – my own . . . . .</b>	<b>56</b>
Infection as a result of emotional stress . . . . .	56
Correlations that you don't see at first . . . . .	57
The quandary – is there a solution at all? . . . . .	58
Acidic symbioses . . . . .	58
Suddenly it was right – for both . . . . .	59
Frustration subscription turns into fulfilment subscription . . . . .	60
Instead of a “childhood illness”. . . . .	60
New confidence and new courage . . . . .	61
Correlations – revealed by experience . . . . .	62

Table of contents

<b>6 – Allergic asthma – case history</b> .....	64
Constantly challenged – a Sisyphus task .....	65
More widely applicable than expected .....	69
<b>7 – Increasingly frequent use of Streptococcinum</b> .....	70
Dosing guide .....	71
Good feedback .....	71
<b>8 – Patient with psoriasis – case history</b> .....	72
First overwhelmed, then ill .....	72
Frequent and daily use of Streptococcinum .....	77
More positive dreams – healing of the subconscious mind .....	82
Re-integration of split-off energy .....	83
The family is also involved .....	84
Three phases of healing .....	85
<b>9 – Singer with house dust allergy, vocal cord inflammation – case history</b> .....	86
An accident during the course of healing? .....	88
The accident as a gain .....	89
Healing the subconscious mind .....	91
<b>10 – Dreams during the course of treatment</b> .....	91
Dreams as reflections of inner development .....	105
<b>11 – Three pillars of homoeopathic remedy pictures</b> .....	105
1. Pillar: toxicology .....	106, 110
2. Pillar: remedy proving .....	107, 111
Difference between toxicological source substance and potentized remedy .....	107
3. Pillar: clinical experience .....	110, 116
1. Prover – report .....	111
2. Prover – report .....	114
3. Prover – report .....	115
<b>12 – Infections</b> .....	
May I be ill – or not? .....	117
A typical Streptococcinum-conflict .....	118
Existential fear due to non-functioning .....	118
YIN or YANG – two types of sick people .....	121
Streptococcinum for flu-like infections .....	124
<b>13 – Work, work, work – case history</b> .....	126

14 – “I just could roar” – case history . . . . .	129
15 – <b>Streptococcinum – to understand the remedy</b> . . . . .	136
A generations-old topic . . . . .	137
The picture of streptococcal disease . . . . .	137
Scarlet angina – an analogy for primal fears . . . . .	141
Areas of application of Streptococcinum – picture of angina . . . . .	144
Streptococci, incarnation and birth . . . . .	149
Friend-enemy-thinking . . . . .	150
Similarity between streptococcal infection and pregnancy . . . . .	153
Other bacteria and viruses . . . . .	158
16 – <b>Newborn with respiratory infection – case history</b> . . . . .	160
17 – <b>Birth trauma, clamped umbilical cord – case history</b> . . . . .	163
Consequences of birth trauma – fears at bedtime . . . . .	164
Accordance between dream and reality . . . . .	166
I am myself again – girl, 10 years old . . . . .	167
Death scare experience . . . . .	168
Oxygen is disconnected . . . . .	169
18 – <b>Impact of incarnation- and birth trauma on life experience</b> . . . . .	170
We talk about birth trauma all the time – but no one noticed it . . . . .	170
Tightness, pressure, hardness = birth canal, pelvic bones as barrier . . . . .	170
Heaviness and gravitation = problems with the physical laws of the earth . . . . .	172
Falling and lack of grounding = sudden deprivation . . . . .	172
Apocalypse . . . . .	173
19 – <b>Intellect – MIND – Resistance</b> . . . . .	174
Reflections . . . . .	175
Mind apparatus as a control system . . . . .	175
20 – <b>There is something wrong with me I deserve punishment</b> . . . . .	179
Appropriate penalties . . . . .	181
Forms of punishment . . . . .	181
The inner need for balance. . . . .	182

Table of contents

21 – <b>Capitulation of the mind apparatus</b> . . . . .	186
Helplessness . . . . .	186
22 – <b>Collision</b> . . . . .	187
23 – <b>Infection – Collision – Trauma</b> . . . . .	189
Streptococcinum trauma . . . . .	190
Dosage of Streptococcinum in case of mental or physical trauma . . . . .	191
24 – <b>Complaints after Covid-19 corona with intubation and ventilation – case history</b> . . . . .	192
25 – <b>Vaccinations, side effects of vaccinations</b> . . . . .	195
26 – <b>Case history of vaccination reactions</b> . . . . .	196
27 – <b>Inhibited breathing, panic attacks – case history</b> . . . . .	197
28 – <b>Eperience report – differential diagnosis to Nat-m.</b> . . . .	203
29 – <b>Healing of the root chakra – primal confidence</b> . . . . .	205
Primal confidence, healing of existential fears . . . . .	206
30 – <b>Acidic symbioses and disharmonic systems</b> . . . . .	208
Phases of the couple relationship . . . . .	208
The other is to blame . . . . .	209
31 – <b>Submissiveness – Rebellion</b> . . . . .	212
Adaptation and submissiveness . . . . .	212
Rebellion and tyrannizing . . . . .	213
32 – <b>Parkinson’s disease, “trapped in my anger and fear” – case history</b> . . . . .	213
Central Streptococcinum-topics . . . . .	216
33 – <b>Change in life experience</b> . . . . .	220
Triturations that have an even deeper effect . . . . .	222
34 – <b>Streptococcinum disease – Streptococcinum cure</b> . . . . .	223
35 – <b>Collective treatment of disharmonious systems – stressed families and acidic symbioses</b> . . . . .	225
Illness affects everyone . . . . .	225

<b>36 – Collective treatment of the family – unexpectedly far-reaching effects</b> . . . . .	228
<b>37 – Co-treatment of the partner unknown to me – case</b> . . . . .	228
Solving of existential fears . . . . .	230
<b>38 – Muck out and deep cleaning</b>	
Deep cleansing – the Clarity Fairy . . . . .	231
Things come to light . . . . .	232
<b>39 – Death is knocking – calls for a deep internal clean-up</b> . . . . .	234
 <b>PART II</b>	
<b>40 – The new Streptococcinum – Streptococcus pyogenes (Tilch C5); STREP-P-Tilch, from C5-trituration</b> . . . . .	235
Streptococcinum: The remedy for “problem patients” . . . . .	235
The practitioner leads the way – otherwise . . . . .	236
Free yourself first . . . . .	237
Take care of yourself . . . . .	238
Excess capacities . . . . .	239
Becoming TOO light . . . . .	239
C4-Homeopathy . . . . .	239
Trituration with the ratio 1:100 . . . . .	240
Formula for potentizing and trituration steps . . . . .	241
Streptococcinum, made from C5 trituration . . . . .	243
Experiences with the new potencies . . . . .	244
Straight to the top . . . . .	244
<b>41 – Epididymitis – case history</b> . . . . .	245
Change of perspective to a higher level . . . . .	247
The new C5 potencies of Streptococcinum . . . . .	249
<b>42 – C5-triturated potencies: Fire – Ash – Phoenix from the ashes</b> . . . . .	250
Transformation in phases . . . . .	250
<b>43 – Flu-like infection, headache – case history</b> . . . . .	252
Deeply nourishing rest . . . . .	253
<b>44 – Two times violently crashed – case history</b> . . . . .	254
Change to new potencies – STREP-P-T. (C5) . . . . .	256
C5-triturated potencies . . . . .	258

Table of contents

<b>45 – Panic attacks – case history</b> . . . . .	258
Try C5-Streptococcinum . . . . .	258
Looking at things from above . . . . .	260
Stronger earthly component . . . . .	260
<b>46 – War in the birth canal – case history</b> . . . . .	269
<b>47 – Asthma and Parkinson’s disease – case history</b> . . . . .	269
<b>48 – Tension, weakness, frustration – case history</b> . . . . .	277
The difference – old and new potencies? . . . . .	278
<b>49 – Psychosis, schizophrenia – case history</b> . . . . .	279
<b>50 – Backache, cramps of legs – case history</b> . . . . .	281
Streptococcinum-P.T. (C5) – the new preparation . . . . .	285
<b>51 – No money, or is there? – case history</b> . . . . .	288
<b>52 – Autoimmune disease – case history</b> . . . . .	288
<b>53 – Vertical and horizontal axis – heaven and earth</b> . . . . .	293
Possible fear of everything . . . . .	294
Fear becomes trust . . . . .	295
<b>54 – The unattainability of things</b> . . . . .	297
Sisyphus – the unredeemed state of the Streptococcinum man . . . . .	297
Desperation for recovery . . . . .	300
Redemption from the Sisyphus state of despair . . . . .	301
Streptococcinum – the nosode for the miasm of STUCKNESS. . . . .	302
Streptococcinum – the homeopathic joker . . . . .	303
<b>55 – Bellyache and fears when falling asleep – case history</b> . . . . .	303
Findings from the case about the effect of Streptococcinum . . . . .	307
<b>56 – 30 years of neurodermatitis – case history</b> . . . . .	308
<b>57 – Problems in recognizing the effects of Streptococcinum</b> . . . . .	318
First problem: too narrow world view . . . . .	318
Second problem: healing via bank shot . . . . .	319
Third problem: forgetting the problem! . . . . .	320
Fourth problem: caught up “childhood diseases”. . . . .	320
Fifth and biggest problem: absence of personal experience . . . . .	322
<b>58 – The Streptococcinum fairy Tale</b> . . . . .	322
The spirit in the bottle – the Streptococcinum fairy tale . . . . .	323
A true Streptococcinum story . . . . .	326

<b>59 – Quantum Physics: particle – wave – observer</b> . . . . .	327
Compensation for uncertainty – greed . . . . .	328
Processes of liberation . . . . .	329
The value of peripheral vision . . . . .	329
<b>60 – Proven indications for Streptococcinum</b> . . . . .	331
Mother and child . . . . .	331
Disharmonic systems. . . . .	332
Transitions: before – during – after . . . . .	332
Practical application and dosage – intake . . . . .	333
The Streptococcinum process during the treatment of family system . . . . .	336
Psychic discharges . . . . .	337
Physical discharges . . . . .	338
<b>61 – Application notes – homeopathic head to foot scheme</b> . . . . .	339
This book is intended to provide basic knowledge . . . . .	342
<b>62 – Experiences in terminal care</b> . . . . .	344
Death . . . . .	345
Die and become . . . . .	345
<b>63 – Feedback of Streptococcinum patients</b> . . . . .	346
<b>64 – Treatment of animals</b> . . . . .	357
Widely applicable . . . . .	359
Panic attacks and psoriasis – case history . . . . .	360
<b>65 – Dosage schedule</b> . . . . .	361
<b>66 – Epilogue</b> . . . . .	365
The “old” Streptococcinum . . . . .	366
Possible outcomes – STREP-P . . . . .	367
STREP-P-Tilch . . . . .	368
Take care of yourself . . . . .	370
Do not stick to fixations . . . . .	371
Value of self-experience . . . . .	372
Treat the whole family or whole group . . . . .	373
The Homeopathy . . . . .	373
Who is free from . . . . .	374
Acknowledgement . . . . .	375
About the author . . . . .	377
What happens next . . . . .	377



Foreword by Dr. Jayesh Shah, MD (Hom)

## **Streptococcinum, oh Streptococcinum!**

*“Symbiosis is a much higher reflection of intelligent-life.”*

*Frederick Lenz*

The influence of *Streptococcinum* is the most amazing phenomenon I have observed in my day-to-day practice of Homoeopathy. This remedy is my favorite remedy when nothing works. I have found that this remedy moves the case in ways more than one. In fact, *Streptococcinum* has totally surprised me with its scope and action!

With the number of cases that have responded to STREPTOCOCCINUM, I am convinced it has some **lateral resonance with all the problems** faced by human beings. I tried many other similar remedies like PNEUMOCOCCINUM, STAPHYLOCOCCINUM and E. COLI, but I confirm the clinical experience with STREPTOCOCCINUM, that seems to have a **broad-spectrum influence on the human consciousness**.

**How it all started:** Initially it started with giving a dose of STREPTOCOCCINUM 200C or 1M for patients having strong history of throat infections, recurring fevers and tonsil related problems. [“Streptococcus pyogenes, Strep-p.”, from *Helios Pharmacy*, Tunbridge Wells, England. (“old”, untrituated version); comment of *Andreas*].

These patients were previously not responding to other remedies that I chose for them. When they started improving, it was a reward in itself! Encouraged by these results, I went a step further.

**Recurring infections:** This remedy gradually became a part of case management in long term treatment of all cases that had recurring infections as a theme in their past and present history. Most of them received one single dose at an appropriate time during the course of their treatment. Often it was given after a fever or an infection. Again, the results

Foreword by Dr. Jayesh Shah, MD (Hom)

were encouraging. I observed a marked reduction in the frequency and intensity of the infections.

**Far reaching improvement:** Interestingly, in this process, I found in a few patients **many unrelated complaints also getting better**. I noted how this remedy was affecting symptoms that were chronic and not related to fevers, particularly in the MENTAL SPHERE!

The turning point for me was a case of heel pain with calcaneus spur. This person's pain was relentless and I was not able to help her. Physiotherapist also could not help her much. After a struggle for over four months with heel pain, and because the client did not want any cortisone shots in the heels, I gave STREPTOCOCCINUM 1M one dose [Helios "Streptococcus pyogenes (Streptococcinum, Strep-p.)", "old", untrituated version; (comment of *Andreas*)]. This person did not have any history of recurring infections and yet in five days the heel pains subsided! And have never recurred till date, over 4 years!

It was for the first time that I was comprehending some an interesting phenomenon and the rest, as they say is history. Over the next two years I found many patients with varying ailments who were positively influenced by this remedy. I wondered if one day I will become a **Strepto-Baba**, just sitting with a very long beard, claiming 'here are the magic pills for all ills!'

Today, most of my patients have a small vial of **Streptococcinum as an SOS Emergency-Remedy No. 1** kept in their house. It is very useful to give one dose after every acute fever or infection. I am very aware of the limitations of such a prescription and am always in the quest for finding the best similimum on the basis of the vital peculiarities that emerge in a given case.

*Streptococcinum* is also my first prescription for any modern medicine specialist who seeks my help for any condition. Their perception is programmed to see and treat infections! "Delusion, is infected, or will be infected!" This may be a key note for *Streptococcinum*. Many modern medicine experts have benefitted greatly from this remedy.

To better illustrate the remedy action of *Streptococcinum*, I am sharing these few cases in brief, where this remedy was given in deeper indications that helped me to understand why it influences human ailments to such an extent.

### **Case 1**

**Male child, age 4 years:** First consultation 2016, recurring high fevers every two weeks. Nothing seemed to be helping. Every fifteen days, he

would catch a cold, with swelling in eyes, headache, coughing, and lot of vomiting full of sticky mucus.

**The symptoms:** Tendency to frequent vomits, during every acute episode. Profuse nasal discharge with immediate lower respiratory congestion. Violent bouts of coughing, last all night. Appetite goes down. Very chilly with fever. Nocturnal leg pains, nausea on waking up. Weeping and moaning during acute episodes and just cannot get up from the bed.

Gets a course of antibiotics on an average every 20 days since he was one year of age. Severe pain in the abdomen as soon as he sits in the car. Car sickness (marked distinct).

**Milestones:** Delayed walking, early talking. Sweats profusely. History of rickets during the first year of life. Even now he appears weak and emaciated. Most significant indication for *Streptococcinum* was acute **phobia of infection** at home – with parents, grandparents, uncles and maids all participating in this grand anticipation of infection. (this was much prior to the Corona-pandemic).

I often see this fear of infection in mothers, as a key note for prescribing *Streptococcinum* for the child.

**Mind and temperament:** Strangely the child spoke of germs and “Dettol” (disinfectant) and having clean habits! He had a fascination for animals, teddy bears, snakes, sharks, big fishes and small fishes. Fears, monsters will crush his home. ‘I will run into a strong home so that big sharks or monsters cannot enter there’. He fears mosquitoes biting him and then needing to go to doctors. Dreams of monsters, lions, snakes, tigers that they eat the smaller animals; (fear that the mighty will devour the weak). Fears sleeping alone, needs either of his parents to sleep with him. He is playful, curious, imaginative and friendly. Spoke of cheetahs running fast, makes drawings of animals grazing. Fascinated with cranes and machines that that scrape and dig the land. Physically weak but very sharp and super active. He is very sensitive to other’s feelings. Never creates any fights with anyone. He is fairly obedient and systematic. He wants everything proper. If not, he will strive and make sure they are proper. Needs to keep his things and surroundings very clean. Very particular. Parents call him generous and big hearted.

A super intelligent kid, tends to think for everyone. When parents go out without him, he tends to weep. When unwell, he is restless in bed, and very weak. Bangs his head and legs to the bed. Very friendly communicative and mixing child. During pregnancy, mother was afraid to be alone. She felt suffocated if not in company. Mother also very friendly.

Foreword by Dr. Jayesh Shah, MD (Hom)

**Prescription:** STREPTOCOCCINUM 1M (one dose).

**Result:** Follow up after 3 months: No episodes of any infection in these 3 months! Motion sickness cured. Appetite much better and he gained weight. Physical stamina is much better. He enjoyed ice creams and chocolates without falling sick. Fear of being alone was still there. He enjoying his schooling.

Since he is better, interestingly, the tensions in the family (joint family) have diminished. Many conflicts that disturbed the family got resolved! This observation of **conflict-solving action** of this remedy is clearly demonstrated in the work of *Dr. Andreas Tilch*.

**Follow up over 2 years:** Few mild colds and coughs that responded to STREPTOCOCCINUM 1M. There was no need for further consultations or treatment.

## Case 2

**Female child, age 3 years:** Complaints of *huge adenoids and sleeplessness*. Remedies given CALCAREA, CARBONICUM, CALCAREA IODATA and TUBERCULINUM BOVINUM.

**Mind and temperament:** Starts communicating when asked about fears. Fears lions, tigers and does not fear Zebras. Talks of his fears of crackers. Speech is very unclear “crackers” sounded like “crabs”.

This was because of huge adenoids. She says, lions make a lot of noise. She likes to cuddle the dogs. Fine child, loves dancing, loves talking and full of energy. She has got loads of friends. Communicative. Very clever and grasps concepts very easily.

She is generous and sharing most of the times. Very jumpy active child. As she has a mind of her own, she fears teacher scolding her. She will eat, drink, wear and do things the way she wants to and when she wants to. Although she is very gentle most often. Loves music and dancing. Recites religious texts and poems with ease. Very good memory.

**The symptoms:** Characteristic symptoms in this case were: severe nose block causes major sleep issues. Very loud grinding of the teeth. This does not allow the mother to sleep peacefully. The grinding is so loud. She snores so loudly that the parents are not able to sleep. Father says she snores louder than an adult person. Child gets up very frequently at night, rolls from one end of the bed to the other. Craves: rice, sweets and chocolates. To this she says, ‘I eat sweets, but so I get bacteria, they break my teeth. Even if this is possibly taught, it is still significant in the way the child ex-

pressed this. I confirmed this trait of **severe fear of infections** in the parents. Child is frequently warned of consequences of an infection.

**Prescription:** STREPTOCOCCINUM 1M (one dose).

**Result:** First follow up in two months: snoring and grinding of the teeth much better, almost gone. No experience of nose block drama at night! Over all 90 percent change. Did not need to consult us after that!

**A word of caution:** However, I am not saying *Streptococcinum* cures anything and everything. To give you some perspective I would like to share my experience in a **Streptococcinum trial** I conducted. Ten volunteering patients (who were not responding to any other remedies), were given a choice to take STREPTOCOCCINUM in 200C potency.

**Result:** Out of the ten, five responded in a very positive way, two showed some relief, three did not have any effect. They were monitored over a period of four to six months. I strongly feel that more work needs to be done in this direction to demonstrate its practical usability! [The range of action could very probably be extended by administering higher potencies or by administering the newpreparation Strep-P-T. Editor's note].

### **The main themes of Streptococcinum**

The main themes, which I see in my practice are: the '**infection consciousness**' is a marked symptom of this remedy. It is so common for humans to think in these terms right from an early age, but this is an important hint to *Streptococcinum*. Later, we can examine the relationship of humans with bacteria as a main theme of this remedy. Other bacteria-remedies did not act as deeply and generally like *Streptococcinum in people with "fear of germs"*.

**Fear and anticipation of infections!** – Every infection is experienced as a danger to life. Family is overly anxious. Person who provides care is also horribly scared.

Fear of infection in the mother of a child to be treated, is a key indication for this remedy (for the child and the mother). Protecting themselves from the infection and dreading the consequences of sickness. Fear of animals and insect bites for *fear of getting infection*. Often **obsessive traits related to infections** were relieved by this remedy. These observations again I say were in pre-covid times! Constant anticipation of lurking danger from infections is also an indication for this remedy.

I have given it to many patients during the pandemic. It helped to calm the fear in many cases. Note that any infection generates a response from

Foreword by Dr. Jayesh Shah, MD (Hom)

the humans. **Streptococcinum is a broad-spectrum remedy**, representing human relationship with parasitic, bacterial and viral worlds.

**Compulsions – like washing, cleaning and protecting are a key to this remedy.** ‘Overly protective mothers’ could be an important indication of the remedy for the child. Actions like constant monitoring of infections or sickness parameters is also an indication for this remedy. *Dwelling on the warning-words from the modern medicine specialists* disturbs the normal peace of life! Doctors create this fear of fatal consequences of infections and live in it. They should all be given a few doses of STREPTOCOCCINUM 200C. I myself have also taken it!

It is also indicative of this remedy when people either are consuming a lot of antibiotics or have great fear of taking antibiotics – both indicates this remedy. Another fear is of being poisoned, expressed as fear of medications.

### **Consequential complaints of infections**

*Never well since the last infection or last antibiotic* is an important indication for the use of this remedy. If any such episode (infectious disease) has left a residual effect on the mind or the body, *Streptococcinum* will help to move the case. One can use it as in-between remedy or as an acute or even as constitutional remedy in cases, depending on your line of thinking.

Respiratory infections, urinary infections, joint pains, genital herpes, filariasis, skin infections, rectal abscesses, diabetes mellitus, viral infections like dengue have responded to this remedy. I believe this remedy is similar to nosodes like TUBERCULINUM or BACILLINUM, that our teachers used frequently in the past.

*Great desire for company and aggravation from being alone.* Vulnerable when alone. Safe when all are together. Being together is the positive polarity of this remedy state. Creating social relevance and indulge in social activities, group work that makes you feel secure and belonging.

The opposite is this sensation of danger or threat like that from monsters, ghosts and violent assaults. Fears in children are projected as fears of fire crackers, balloons bursting or loud sudden noises. **Fear is existential**, as if death or a fatal assault is round the corner. Fear in children when parents go out leaving them at home. *Streptococcinum* is indicated in any case, where there are disruptive emotional issues within the family. Thanks to the experiences of *Dr. Andreas Tilch* in this direction, as it brings light on this aspect of the remedy in a big way.

They *desire to travel* out of curiosity and they immediately get absorbed/busy/occupied with something that interests them. They seem to get restless if not absorbed in some interesting intellectual imaginative activity. Very productive and love appreciation, being valued and accepted.

**Clinical tips:** *Streptococcinum* is indicated in any case of acute and **recurring infections**. Three cases of severe recurring urinary infection with E-coli were permanently relieved with this remedy. Past history of **tuberculosis**, where TUBERCULINUM did not help – think of a dose of *Streptococcinum* in between your treatment at an appropriate time. One case of **filariasis** responded promptly with this remedy. The feet swelling reduced markedly after STREPTOCOCCINUM 200C.

Best time to give this remedy is after an **acute infection** or **acute emotional trauma or violent emotional drama**.

**Threat from pathogens:** The most common human experience of ‘bacterium’ is that of a **big threat**. The common approach adapted by humans is to create a sterile system, free from harmful bacteria. Not to leave any infection untreated by aggressive antibiotics. Think of *Streptococcinum* in such cases.

**Fears of survival on both sides:** The bacteria and viruses respond with collective strategy of evolution or symbiosis. For both, the humans and the bacteria, *there is a fear/instinct of survival*. The pioneers of Homeopathy have repeatedly indicated that diseases, and particularly infections, are not the cause but rather the result of a diseased process in an individual. Quoting *Dr. Hahnemann* here: “*There are no diseases, only sick people!*”

Also *Dr. J.T. Kent* made clear: “He who considers disease symptoms as if they were the disease itself, and expects with a doing away of the symptoms the disease to disappear as well, is following a delusion. It is an insanity in medicine, an insanity that has grown out of the milder forms of mental disorder in science, crazy whims.

The bacteria are a result of disease. In the course of time, we will be able to show perfectly that the microscopical little fellows are not the disease cause, but that they come after, that they are scavengers accompanying the disease, and that they are perfectly harmless in every respect.”

Similar sentiment is echoed by many thinkers and healers all over the world! – “A good physician treats the disease, the great physician treats the patient who has the disease.” In these times of war, the spirit of these bacteria (in potentised form) brings the wisdom of ‘symbiosis’, the technology

Foreword author

for mutually beneficial existence. The human body survives only **because** of so many useful symbiotic bacteria in our body!

*Streptococcus* in its other forms is **essential for the life building phenomenon** that keeps up human existence. Exactly opposite of this is: a relationship, which doesn't benefit the other but creates a threat to him. Only one can survive, and then there is a sense of perpetual danger for both. The spirit of the *Streptococcus* brings this message: to live life and preserve it. They are masters of healthy symbiosis. I end with a gratitude for this message of symbiosis from the world of Bacteria!

My heart-felt thanks to *Dr. Andreas Tilch* my dear Soul-Brother, for his invitation to share my experiences. A big gratitude to *Dr. Andreas* for bringing up his experiences and clinical work to inspire us into love and light.

*Dr. Jayesh Shah, Mumbai, 3rd March 2022*

## Foreword by the author

A fortnight ago I had my 30th anniversary as a practising homeopathic general practitioner. I am deeply happy, but also maximally fulfilled with this wonderful profession. In my private life I am surrounded by people I love and with whom I would like to spend much more time. I am drawn out into nature much more often than I can comply with. For a long time now, my full practice has left me too little room for this.

Furthermore, to find the time to write a book about a homeopathic remedy? I really had no plans in this direction. I would not have chosen this voluntarily! An incalculable amount of extra work? Going into general public and exposing myself to judgement and criticism? No thanks! I no longer have a career to pursue or anything to prove to anyone. Rather, it seems to me that the time has come to slowly prepare for retirement. And yet this book has come into being.

**Streptococcinum** came to me through *Jayesh Shah* and apparently wanted me to serve as a mouthpiece for him. Just as the Gregorian calendar divides our time into "before Christ" and "after Christ", I can divide my biography into "before and after *Streptococcinum*".

This Remedy marks a central turning point in my work and in my life. The doctor's job is to treat and, if possible, cure diseases. It is about restoring health to its previous level.

In the 23 years before the STREPTOCOCCINUM turn of an era, this had always been my goal: my treatment should lead to the patient being as well as possible after the treatment, as he was before the illness or disorder that had brought him to me.

Activating the patient's self-healing powers with the help of homeopathic Remedies, individually selected for the respective case of illness according to the principle of similarity is the highest art. The determination of a constitutional remedy that is particularly well-suited to this particular person and which will help him or her again and again, if possible, in acute as well as in chronic disease states of all kinds, is the daily bread of every homeopath.

To find the most similar, most suitable remedy among more than 2.000 remedies is always a great challenge. If it succeeds, the joy is great. If it doesn't work, you still have conventional medicine at your disposal. As a homeopath, you are happy if you have to use as few chemical medicines with side effects as possible. One wants the patient's self-healing power to overcome on its own a state of illness or mental disturbance with the help of specific homeopathic information and to restore health. Which is also very often successful in practice!

In the 23 years before STREPTOCOCCINUM I had many such very happy experiences. Patients coped very well with their constitutional remedy for many years. This had nothing to do with a placebo effect, as is often attributed to homeopathy by people who have not experienced its effect themselves and who have only studied it theoretically. If you give a remedy that does not fit exactly, the desired effect – unfortunately – does not occur. If a really suitable remedy is found at a later time, it suddenly works wonders. Homeopathic individual remedy finding can be a daily challenge. My long-time homeopathy teacher, friend and heart-brother *Jayesh Shah* from Mumbai is a master at it.

His students, including myself, tried to imitate him and become better and better at this art. Which remedy from the ocean of possibilities will this patient resonate best with in this specific case of illness? There are symptom registers, reference books and computer programs that can help the homeopath to find the hopefully most suitable healing remedy from the countless possibilities.

Foreword author

In the 23 years before the STREPTOCOCCINUM turn of an era, there was also a lot of frustration and many setbacks. Some patients, I wasn't able to reach at all with homeopathy. Stressed, overworked men, for example. In some of these patients, NUX VOMICA or LYCOPODIUM was helpful – but not all.

I treated many patients for years without being able to achieve a lasting improvement in their condition. The hay fever came back every year. Some asthma patients just couldn't get off their cortisone spray. For others, psoriasis kept coming back in waves again and again.

Since use of STREPTOCOCCINUM everything changed! One patient after another now reported to me that with this remedy he was not only as well as before, **but better than ever before!** That was new!

Fascinated by this, I used the remedy with more and more patients. Practically all of my problem patients suddenly began to move to a more sustained level of health. Their complaints decreased, they needed to see me much less often or hardly at all, and at the same time they experienced an unprecedented zest for life.

These wonderful courses simply had to be communicated! In the middle of 2019, I took two weeks' holiday on Lake Maggiore, to start writing up my experiences for a book. I only managed 25 pages. And at that status it stayed, for a long time. The practical work simply took up all my creative energy.

An ever-increasing flood of fascinating case histories, all of which I wanted to edit and publish at some point, accumulated in my files. I entered more and more new homoeopathic territory. Little by little I ventured into more and more frequent repetitions of higher and higher potencies of *Streptococcinum* and finally into the treatment of whole families, with regular doses of even the highest potencies of *Streptococcinum* over long periods of time – beyond individual anamnesis and remedy selection, which homeopathy actually presupposes.

The feedback I received was so amazingly positive, that I continued to research and experiment more and more with the effects of STREPTOCOCCINUM. I took a lot of time to ask about and documented this feedback in detail, and was always late in the evenings studying and reading these cases. So it was simply not at all possible, to write a book.

In autumn 2020, I learned about an online homeopathy congress being planned by *United-To-Heal* on the topic of "Fear – Immunity – Life Force". With this topic I immediately thought of STREPTOCOCCINUM.

Although I did not see myself on the level of the already planned speakers, out of a spontaneous impulse I wrote to *Matthias Berner* who organised this congress, and told him about my observations with STREPTOCOCCINUM. He reacted enthusiastically, interviewed me and the interview was actually broadcasted.

After that, there was a huge amount of response. I received countless emails from people all over the German-speaking world, many patient enquiries, all of which I could not fulfil. In addition, there was a lot of positive feedback about very positive effects that congress participants experienced with taking STREPTOCOCCINUM for themselves, their families or their patients. In the interview, I had also mentioned, that I had an infinite amount of material and actually should write a book about STREPTOCOCCINUM, but I simply did not have the time for that. The publisher *Aleksandar Stefanovic* had seen the interview and appeared at my office a little later. His residence and publishing house are half an hour's drive from my city. We immediately had a wonderful cordial contact with each other. It was such an ideal twist of fate that all of a sudden, in typical STREPTOCOCCINUM manner, it was clear that, despite all the resistance, I was going to take this book project seriously with *Aleksandar's* help. Because it is simply coherent, right and necessary.

Since then, I have taken many weeks off work to write the book, spent spring, summer, autumn and winter holidays on it, retreated to Menzenschwand in the Black Forest hills, spent many week-ends and many evenings typing and writing, left many other things undone and put them on hold for an indefinite period of time, put my children, my partner and my friends through many hardships, and have given my body far less of an outlet than would have been good for it. Now, to finish writing this book on this Easter Sunday, is a huge relief. I can't even foresee the impact of it yet. To all those, who have contributed to making this possible, I thank from the bottom of my heart.

STREPTOCOCCINUM acts like an internet plug on a computer: it creates a connection to a huge network in a completely unspectacular way. Instead of always moving along the same old, familiar, programmed paths, an ocean of new possibilities opens up to the people who occupy it. Unimagined developments set in that eclipse everything that came before. Liberation processes, quantum leaps, experiences of coherence and deep feelings of connection are developed as if by themselves. Relationships improve and the quality of life experience reaches a new dimension.

Foreword author

STREPTOCOCCINUM, especially the newly developed C5-triturated version of the remedy, releases a potential in us that has always been there, but which we have not been able to use so far, because of a basic-primal fear- separation-birth-trauma. This **primal trauma** is the cause, the “causa”, as the homoeopath says, for a fundamental state of contraction and encapsulation in which basically every living being that has a body and has been born is subliminally located.

STREPTOCOCCINUM has a very strong similarity to this **supra-individual, common primal trauma**. In my experience, C5-triturated STREPTOCOCCINUM very reliably opens the door to a process in which this common **primal trauma** of human and also animal beings dissolves more and more. This is no small matter. If confirmed, it would be a revolution for human consciousness and for our coexistence on earth.

In the case histories I describe, many dreams were reported. The importance of dreams, for understanding the processes of the subconscious and the mental “state of development” with regard to homeopathic resonance effects, was probably first recognised by my homeopathy teacher *Jürgen Becker*, who has already passed away.

I am sure, that *Jürgen’s* soul is very happy about the inclusion of elements of his work and that he gives this book project his heart’s blessing! Dreams often show an individual perspective on an inner process between different *parts and aspects of one’s own personality*. But sometimes dreams are also like “downloads” from the collective field of consciousness and represent helpful messages for all of us. See for yourself which dreams resonate with you personally and take them as a gift on your own journey.

Picking out a tiny selection of illustrative examples from the infinite amount of material that I have accumulated in 4 years of intensive experience with STREPTOCOCCINUM, and to summarise them, was a years long work that I started in 2019. A lot of development has happened in that time.

The passages I have written recently are based on a much deeper understanding of the remedy, than those from 3 years ago. As an inexperienced author, hopelessly overwhelmed by the abundance of material, I kept getting lost in sentences, that were as long as eleven feet, many page turnings and cross thoughts.

My publisher, *Aleksandar Stefanovic*, has in infinite detail worked many countless night shifts, unravelled many passages, simplified, shortened and reorganised; inserted subheadings and thus made the text easier to digest for the reader.

So this book is a mixture of my own language and the language of *Aleksandar*. That feels very coherent to me: STREPTOCOCCINUM promotes successful teamwork, we have really succeeded. Basically, however, it is STREPTOCOCCINUM itself, that speaks to you through this book. May it help you to live your life in the most harmonious and beautiful way, to draw the greatest possible profit from disease processes and to accompany your patients and your loved ones on their path with it in a beneficial way.

*Andreas Tilch; Freiburg, April 17th, 2022*

## 1 – Introduction

In April 2015, my homeopathy teacher and friend *Dr. Jayesh Shah* from Mumbai gave his fourteenth homeopathy seminar in Freiburg. I had attended all of his Freiburg seminars since 2006, had seen countless case presentations by him and had learned a great deal about the most diverse homeopathic medicines and families of medicines from *Jayesh's* treasure of experience. During the seminar *Jayesh* reported very inspired and enthusiastic about amazingly good healing experiences which he had collected in his practice with the nosode *Streptococcinum*.

In his practice, he mainly used the remedy for patients with **infections of the upper respiratory tract**, when there was also **fear** or **uncertainty** as to whether or not the **immune system could cope with this infection**. The very fact, that a patient was dealing with the subject of **“Immune system”** was an indication for *Jayesh*, to use this remedy. A prehistory of *Streptococcus-infections* in childhood confirmed the choice of remedy, but was not necessarily a prerequisite for him to prescribe the remedy.

He had applied *Streptococcinum* in many of his patients with very good success, usually in the potency 200C to 1.000C (Manufacturer: *Helios Pharmacy*, Tunbridge Wells, England).

Interestingly, not only did acute respiratory infections improve when *Streptococcinum* was administered, but also, quite unexpectedly, completely different complaints of the patients – such as a heel spur or various psychological issues. *Jayesh* reported that he now uses *Streptococcinum* very, very often in his practice. His patients are instructed, that in case of an acute

illness, e.g. with respiratory symptoms and fever, they should first use the constitutional remedy that was selected in the earlier anamnesis. And if that does not help, use STREPTOCOCCINUM 200C as a second remedy. In this way, almost all his patients would have received this remedy, at least in phases.

### **Curiosity was aroused**

This naturally aroused great interest, and so I ordered a bottle of STREPTOCOCCINUM 200C from Helios in England for our medicine stock. At that time I did not even begin to imagine how comprehensively this remedy would transform my practice and my entire life experience in the most beautiful way. Today, 7 years later, I have treated more than 1.500 patients with the remedy *Streptococcinum*\* and documented the courses. The healing processes that have started with *Streptococcinum* were at first simply unbelievable for me and eclipsed everything that preceded!

### **A new experience of life**

*Streptococcinum* helped many people in acute as well as in chronic states of diseases. And many of my patients did not need any other remedy for the last 4 years. Not only does it raise people's health to a much higher level and has eliminated a wide variety of ailments, it also improves the overall experience of life in a way that rarely can be imagined.

When *Streptococcinum* was administered, developmental leaps appear that And the treatment of entire **family systems** with *Streptococcinum* has proven to be very successful and peace-building. Problems are solved, the whole system runs more smoothly and joyfully; calmness, relaxation and courage return. – That's the experience after years of using this remedy.

---

\*My experiences refer exclusively to "Streptococcus pyogenes, = Streptococcinum", abbreviated "STREP-P", from Helios Pharmacy, Tunbridge Wells, England. Strep-p. is directly, liquidly potentised from the first potency. In June 2021, at my suggestion, Helios made another (new) preparation of the same basic substance, in which the first 5 potency levels were prepared by manual hand trituration. This preparation bears the name "Streptococcus pyogenes-Tilch (C5)", abbreviated "STREP-P-T." The drug picture and the basic areas of application of these different preparations are the same, but the modes of action of these two preparations, as they appear in the patient, are clearly different. STREP-P-T. is a further development, and its beneficial effects clearly go far beyond those of STREP-P. I have no experience with Streptococcinum preparations from other manufacturers. Source of supply for the original Streptococcinum preparations for international distribution is Helios Pharmacy, Tunbridge Wells, England.

**Joy, instead of frustration:** Patients who have received *Streptococcinum* are reporting, that frustration and stress have largely disappeared from their lives and their environment has changed towards coherence and clarity. Previously weak-seeming individuals have become stronger and have developed the strength to stand their ground where before they did not dare. People with hard shells become more touchable and shed their armour.

**It helps very many people to become the best version of themselves.** YIN and YANG, the feminine and the masculine, the contradictory polarities in human beings reconcile and dance together. – In the outside world as well as within oneself. *Streptococcinum* healed some of the patients straight and directly, others more like a “bank shot”: other therapies, conventional medical treatments and procedures suddenly worked surprisingly well and without complications under the influence of *Streptococcinum*. Problems of various kinds now found good solutions more easily.

### **Healing of the primal fear**

After years of experience with the remedy, I can say that *Streptococcinum* has had a healing effect on the **primal fear of life** and on lacking grounding – with amazing results and changes in the personal living space!

How this broad and profound effect of this ONE remedy, on so many people and areas, can be explained, will be presented and explained in the course of this book. Please take the time, also for the partially longer case histories – it is worth it and will lead you step by step into the application and experience areas of this really extraordinary remedy!

## **2 – First experience with Streptococcinum**

### **Erythema nodosum and sarcoidosis – case history**

The 30-year-old patient, the first who received **Streptococcinum** from me (in 2015), had already been treated by me a year before. At that time, I was not aware that this was a case for *Streptococcinum*!

Here, within the case example, many **core and key issues** of *Streptococcinum* are presented – the problems described by the patient are typical for this remedy in many respects. I will also describe the prehistory of the treatment with *Streptococcinum* as given below.

**Prehistory, one year earlier – sore throat:** At that time, she complained of a

violent **sore throat**. And 2 weeks before, she had undergone a breast surgery, because a mammogram had revealed microcalcifications. The result of the operation was good; the suspicion of cancer was not confirmed.

A little later, she apparently got infected by **streptococcus** and developed a severe inflammation of the throat. Swallowing was extremely painful, burning, pressing, dry and rough, and yellow mucus came out when she cleared her throat. The tonsils were highly swollen and abundantly covered with pus. Regarding feelings of temperature, the patient rather felt cold.

She was given HEPAR SULPHURICUM 40C (for 3 days) for her tonsillitis with strong sore throat and abundant yellow pus; as well as frostiness, with the need for warm covering. For safety, I gave her a prescription for penicillin tablets, in case of an emergency.

**Result:** The taking of HEPAR SULPHURICUM had no effect. As the patient had been emotionally very stressed by cancer fears shortly before, I suspected that the purulent angina could also be an expression of “swallowed tears”. Therefore, I recommended the remedy NATRUM MURIATICUM 220C.

The following day, the patient reported that she could not stand it any longer and had started taking the penicillin. Then she felt much better with the pain. I advised her to continue taking the penicillin 3 times a day, for a total of 10 days. The homeopathic treatment was suspended. 12 days later, the patient came to my practice again. After the throat complaints had completely subsided before, the sore throat now started again, since yesterday. The tonsils reddened again, with purulent coatings; although not as extreme as the first time.

### **The problem behind the disease?**

When I asked her about her emotional situation, she reported a lot of **anger, feelings of powerlessness and helplessness** towards her ex-husband, witch whom she has a severely disabled son.

**A case for Streptococcinum – but what I did not know:** At that time, I was not yet aware of how much the problems and issues of this patient – which at first glance sound like “common” everyday or relationship problems – correlated with the drug picture of *Streptococcinum*. You as reader – please look at the problems described by the patient with an open mind. This case history will also step-by-step provide you with a first access to the remedy *Streptococcinum*. Which will be explained in more detail and becomes clear in the further course!